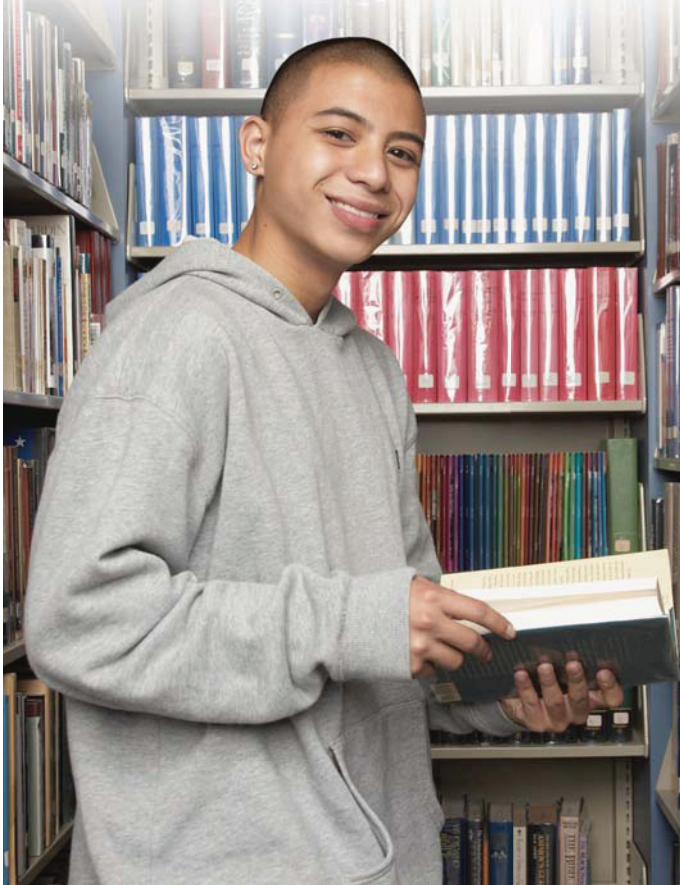


GOALS + PLANS = SUCCESS



I have been to GPS workshops
and I think they are an excellent
way to plan your college journey.

—Student Comment

The GPS LifePlan will assist you in developing and achieving your goals and plans while attending Century College. The 5 subplans were created to meet the needs of students in all areas of academic, personal and career development.

The CareerPlan will help you:

- Assess your interests, skills and values
- Research career options
- Make decisions about your major or program
- Navigate a career change
- Prepare for a job search
- Build effective resumes and cover letters
- Improve interviewing skills

The EducationPlan will help you:

- Determine your educational goals
- Evaluate and improve your study skills
- Chart your academic courses
- Seek out resources to help you be successful

The FinancePlan will help you:

- Create and manage a budget
- Evaluate your finances
- Manage your debt
- Develop a savings plan for the future
- Research ways to pay for college

The LeadershipPlan will help you:

- Explore what kind of leader you are
- Further develop your leadership skills
- Develop your global competency
- Find out how to get involved and gain leadership experience

The PersonalPlan will help you:

- Transition to college
- Manage relationships
- Learn more about how to balance life, work and school
- Focus on your physical and mental health



GPS LifePlan 

 CenturyCollege

www.gpslifeplan.org/century

Century College is an equal opportunity institution and a member of the Minnesota State College and Universities System. This brochure is available in alternative formats by calling 651-779-3354 / TTY: 651-773-1715

Ways to use the GPS LifePlan



How you use the GPS LifePlan is based solely on your needs and the questions you have surrounding your success as a student. The following are just some of the ways you can use the GPS LifePlan.

1 Website

The GPS LifePlan website features 5 different plans for you to navigate along with endless opportunities to explore. Each of the plans has links, surveys, worksheets and tutorials to help you find answers to questions you may have.

Visit the website at www.gpslifeplan.org/century

2 eFolio

The GPS LifePlan eFolio is an electronic portfolio that you can use to capture, organize and manage information about your accomplishments and projects. You can use the GPS LifePlan template to personalize and organize your site according to the 5 subplans. To get started on your GPS LifePlan eFolio, go to the GPS LifePlan website.

3 Workshops*

The GPS LifePlan workshops are another resource to help you create goals and plans while at Century College.

- Over 50 workshops offered each semester
- All less than 1 hour long
- FREE
- No need to sign up ahead of time
- Completion certificate for each workshop attended

*For descriptions of each workshop please visit: gpslifeplan.org/century

4 Student Success Day

Student Success Day is a day set aside each semester to support and celebrate student success. The day provides you time to meet with faculty to discuss academic progress and attend presentations focused on different areas of the GPS LifePlan.

5 Course Integration

Many faculty integrate the GPS LifePlan into class work and courses in a variety of ways such as assignments, presentations and projects. Some examples are:

- Budget analysis and getting out of debt
- How to apply for scholarships
- Career exploration
- Transitioning to college
- Resume writing
- Time management
- Study skills
- Mental health issues

6 Student-Faculty Interaction

You are encouraged to talk with your instructors for help with course related material and with academic and personal goals. Instructors can assist you by: answering questions about class assignments, papers and/or exams; clarifying a point that may have been confusing during class; discussing how you are progressing in the course or what your grades are; sharing study strategies to help you be more successful in class; referring you to appropriate services on campus; and much more!



Did you know?

- 92% of students at Century are aware of the GPS LifePlan and intend to use it.
- Faculty report that students who use the GPS LifePlan take more practical steps to planning their future.
- Students that use the GPS LifePlan report experiencing an increase in success in their college experience and personal life.
- Being more “planful” in all aspects of your life is an important value and the GPS LifePlan can help you!

Need help with your GPS LifePlan?

STUDENT EXPERIENCE DIRECTORS

Student Experience Directors can help explain the resources within the GPS LifePlan and point you in the right direction to begin your journey as a successful student. To meet with them, stop by their cubicle in the West Campus Main Commons.

COUNSELORS

Counselors are experts on helping you develop your EducationPlan, CareerPlan and PersonalPlan. The counselors are available to meet with you during scheduled or walk-in appointments. They can help you in your career decision making process, with personal issues and to develop an academic plan. To meet with a Counselor, call or stop by the Counseling Center, 651-779-3285.